

The Duke of Edinburgh's Award at Tropical North Learning Academy Smithfield High School with Cairns PCYC

Tropical North Learning Academy Smithfield State High School and Cairns PCYC have formed a **Partnership** to run the **Duke of Edinburgh's Award**.



**Smithfield
State High School**



**YOUTH
DEVELOPMENT**



Proud to deliver



The Duke of Edinburgh Award is an internationally-recognised development program for young people aged 14 to 25. The Duke of Edinburgh Award introduces you to a range of opportunities so that you can gain new skills, have new experiences and make a difference to your community and your world. Over 7 million young people from more than 120 countries have taken up The Duke of Edinburgh challenge.

Duke of Edinburgh Award is about challenge, adventure and achievement — it's a great way to:

- try new things
- hang out with friends
- get active and improve your fitness
- help out the community
- gain confidence
- build on your life skills
- make a difference
- challenge yourself
- be recognised.

10 quick reasons why you should do The Award

1. **You only compete against yourself**

It is a personal challenge — not a competition with others. Your program is tailor-made to your own starting point, abilities and interests.

2. **No entry criteria**

You only need to be the right age and be keen to take up the challenge.

3. **It is voluntary**

Applying is voluntary and you decide how much of your own time you commit and when you want to do the required activities.

4. **It is flexible**

You can design your own program, choose what you want to do, and what fits best with your own personal circumstances and resources. Enter at the level which best suits you (only age limits apply) and take as long as you need to complete your Award (as long as your Award is completed by the time you turn 25).

5. **The program is diverse**

There are four different sections to complete (five for the Gold Award) so you get a balanced and diverse program.

6. **It is progressive**

Each level builds on the previous one: at each level, the Award requires more time and an increasing level of commitment and responsibility from you.

7. **The program is achievement focused**

Before starting an activity; you are encouraged to set your own goals. If you aim for those goals and show improvement, you will achieve your Award.

8. **It is a marathon, not a sprint**

The Award demands persistence and commitment and cannot be completed with a short burst of enthusiasm. You can continue with activities beyond the minimum time requirements set out for each level of the Award.

9. **It is all about personal development**

The Award is a program of personal and social development. What you get out of it depends on your commitment, the learning process and the quality of your experiences.

10. **Last but not least — it is fun!**

You and those who assist you with your Award will find it enjoyable and satisfying.

A Bronze Award gives you 1 QCE Point, a Silver Award 1 more QCE Point and a Gold award 2 more QCE Points, you could leave school with an additional 4 QCE Points if you start early enough.

Now it's over to you — get some friends together or join by yourself — apply now!

Contact our Co-ordinator dukeof.ed@Cairns.pcy.org.au

For more Information see <http://www.communities.qld.gov.au/communityservices/youth/the-duke-of-edinburghs-award-and-the-bridge-award/the-duke-of-ed-award>